

## BIOSAFETY PROTOCOL

### PANDEMIC

Since March 2020, when the World Health Organization (WHO) declared the pandemic for the new coronavirus, the whole world has been experiencing a delicate situation that has never been experienced by the vast majority of people. This change in scenario was reflected in all areas of our lives, and we had to change our habits to protect everyone's health and life.



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## OBJECTIVE

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This document aims to inform and guide you so that your stay at Uakari Lodge is safe within the new context. This protocol applies to all guests and employees.



# REOPENING

The reopening of Uakari Lodge takes place through the complete vaccination of traditional communities directly involved in tourism. Remembering that vaccinated people have good individual protection, especially against severe forms of the disease, but if they have contact with the virus they can transmit it. So it is important to maintain all care until we have a mass vaccination.

### HEALTH AND SAFETY PROTOCOLS

In this context of the COVID-19 pandemic, it is important to understand that in addition to the high contagion power, the incubation period of the virus (the time that the virus is active and multiplying in the host's body) is 4 to 14 days and we can live daily with asymptomatic infected, that is, who have no symptoms and are therefore silent disseminators of the disease.

## ATTENTION

It only considered that a person is fully imunized after 15 days after the 2nd dose or 15 days after the single dose of Jansen



It is now known that infection occurs through contact of the virus with nose, mouth and eyes. Therefore the efforts will be adopted to avoid such contact: use of masks, respiratory etiquette, hand hygiene, distancing and ventilated environments.

## PROTOCOL

#### AT ARRIVAL

As determined by the Amazonas State Government, visitors must present proof of vaccination and a negative test for COVID-19 carried out within 48 hours before the date of check-in.

RESPIRATORY AND PERSONAL HYGIENE HANDS: They should be cleaned frequently throughout the day (recommended at least every 2 hours), preferably with soap and water. If it is not available (example: during tours) the use of hand sanitizer is indispensable. Try not to touch your mouth, nose and face with your hands. If necessary, use the forearm. There should be no kissing, hugging or shaking hands. Do not touch surfaces with a high frequency of contact (such as door handles, telephone and card machine) if not necessary. Do not forget to clean your hands properly after touching them with hand sanitizer.

Cover your nose and mouth when coughing and sneezing

#### MASK

Use is mandatory in all common facilities, at all times. Masks are for exclusive use and we recommend that they be brought in sufficient numbers for your stay, if you need you can purchase reuseble masks at the lodge. Hands must be sanitized before and after removing the masks; the frontal region of the masks should not be touched - they should be removed from the sides (elastics).

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FABRIC MASKS: Must be at least double layer, ideally triple layered, and do not have valves; • It must be changed two or more times a day; • After use, it should be stored in a sealed plastic bag until washed; • Wash with soap and water to reuse.

DISPOSABLE MASKS (surgical models and N95 standard without valves): They must be changed whenever they get wet and disposed of in common garbage.

# PROTOCOL

#### SOCIAL DISTANCING

It must be practiced by everyone. This includes: Avoiding handshakes; Do not hug or kiss; Avoid agglomerations; Stay 1.5 meters away from other people.

#### EQUIPMENT

Personal materials such as guides, binoculars and cameras should not be loaned and if possible sanitized by the guest after the end of the day's tours.

#### MEALS

The tables will be arranged at a minimum distance of 1.5 meters from each other and only guests who are in the same room or traveling together will be able to sit together. Avoid sharing objects that have been in contact with saliva (cutlery, glasses, etc.).

#### COMMON AREAS

**Drinking fountain:** Guests must bring their own reusable bottles of water (squeeze), if necessary, they can be purchased at the lodge. Before filling your bottle, clean it with sanitizing alcohol to avoid saliva contact with the water outlet. Clean your hands before and after using the drinking fountain. The lodge will continue providing unlimited drinking water throughout the stay and during tours.

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**Doors and windows:** Whenever possible, leave doors and windows open for air circulation.

**Bathrooms:** Shared restrooms will be cleaned more often

Distanciamento físico

### AND IF I HAVE SYMPTOMS, WHAT TO DO?

As much as all the care is being taken yet, unfortunately, it can happen to contract the virus for several reasons ... Someone in your house who has the virus, but had no symptoms and contaminates you who only begins to show symptoms at the lodge, staying close to someone who sneezed or coughed, using someone else's personal objects, and so on.

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Guests who are part of a risk group must have highly reinforced biosecurity measures to avoid any contact with the virus, that is, wearing a mask always and also cleaning the place, hands and promoting social distance.

If you have any symptoms related to COVID-19 - temperature measured above 37.8C; O2 saturation below 95%; cough; coryza; sore throat; shortness of breathe; lack of sense of smell and taste - communicate the ecotourism counselor and / or manager for the immediate closure of your period of stay and companions and initiate isolation from the symptomatic guest and his / her companions if there is no possibility of immediate removal. Food will be served in the room and contact with other guests and staff is strictly prohibited. As soon as possible referral to the health unit in Tefé. If it is confirmed by exams, infection by COVID-19 must be informed to the lodge (who will maintain telephone contact with the guest).



## CARE FOR THE RETURN HOME

After the end of your stay, it is recommended that you maintain basic care (wearing the mask, 1.5 meters away from other people and constant hand hygiene) for 14 days. Remember that you may be carrying the virus and infect other people even if you have no symptoms. If symptoms develop, isolate yourself for 14 days, inform the lodge and seek a health service for follow-up, especially if the symptoms worsen (fever above 37.8° and shortness of breath).



We prepared these recommendations based on international guidelines, following them, you will help us to have a safe and unforgettable trip. At the Uakari Lodge, we care about you!

