

## STANDARD PROGRAM 4 NIGHTS – UAKARI LODGE

Visit the Mamirauá Reserve and discover its biodiversity, its communities and its efforts to conserve the Amazon. World Heritage of Nature, Mamirauá is the ideal destination for visitors who dream of visiting the Amazon. The reserve is part of one of the most protected areas of the tropical forest and is home to a rich ecosystem that includes species endemic to the region, such as the white uakari monkey.

Located in the Mamirauá Sustainable Development Reserve, Uakari Lodge is a rustic and comfortable accommodation that floats on the waters, fully integrated with the landscape. It is administered jointly by the Mamirauá Institute and the riverside communities and its main objectives are to generate income for local communities, strengthen their community organization and create incentives for residents to promote the conservation of the area's natural resources.

The schedule is rich and informative. The activities are carried out with the accompaniment of local guides, great holders of the traditional knowledge of the region. There is also a bilingual ecotourism counselor (English / Portuguese) at the lodge who transmits scientific knowledge about the Reserve.



## 4 NIGHTS PROGRAM – CHECK-IN ON MONDAYS AND CHECK-OUT ON FRIDAYS

**DAY 1 (Monday):** We start our services at around 01:00 PM with pick-up at the airport or at a hotel in Tefé. Then, we are driven to the port of Lake Tefé, where our motorboat leaves for a trip of one and a half hours. Right after departure, we pass the "meeting of the waters", where the black waters of the lake meet the white waters of the Solimões River.

The trip is a complete experience in itself. We observe how long the Solimões River is and once we enter the Mamirauá Reserve we see local riverside communities and their stilt houses, many of the more than 350 species of birds, mammals and aquatic animals such as caimans, botos and arapaimas, the largest fish in the Amazonian waters.

We are welcomed into the impressive floating accommodation by the local manager, the ecotourism counselor and the entire team, in a warm welcome. We are then instructed on the tours schedule and safety procedures. Right after check-in we will have snacks - always with lots of fresh fruits, cakes and tapiocas. At 3:30 pm, when we head to our first activity in the program - an interpretive trail, where the local guides will go tell us about the várzea floodplain ecosystem and present the traditional use of many of its trees. In the period when the waters are already rising, flooding the trails and the entire forest, we take this introductory tour on boat, observing many species of fauna and flora from the main channel. Dinner is served at 7 pm, after which we attend a presentation on the history of the Mamirauá Sustainable Development Reserve and the projects being developed by the Mamirauá Sustainable Development Institute, a research unit financed and supervised by the Ministry of Science, Technology and Innovation of Brazil.



Uakari LODGE

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**DAY 2 (Tuesday):** Mornings start early at Uakari lodge! At 6:30 am we have breakfast and leave for activities at 7:00 am, enjoying the coolest moments of the day and the hours when the forest is full of sounds and movements. We will take a hike and we will be able to see many of the trees and Amazonian animals, with luck we will be able to know the squirrel monkeys, the groups of howler monkeys or even the white uakari monkeys. During the flooded season, we use the same trails where we walk in the dry season, but we travel them in a rowing canoe! It is impressive to observe the ability of our local guides to orient themselves in the igapó - as the flooded forest is known here.

We go back to the lodge for another delicious lunch. Again the rest is until 3:30 pm, when we head for our second activity of the day - traditional fishing for piranhas, iconic fish and very abundant in this region. With the help of local guides, you will learn why they can be so dangerous! In the flooded season we go in a large canoe to a place where we will see the graceful dolphins of the Amazon, the fun challenge is to be able to photograph them.

Tonight, after dinner, we go on an adventure: a night trail or boat ride! In the dry season, we will enter the forest on foot and observe the dynamics of the night shift in it. During the flooded period, we go by boat, with the spotlights on and ears attentive to observe different animals and listen to very original noises from the forest.



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**DAY 03 (Wednesday):** After breakfast, 6:30 AM, (with many of the local fruits and delicacies made from manioc) we set off on a trail. Today the walk (if we are in the low water period) is longer and we will be able to see many of the Amazonian trees and animals. During the high water season, we will also take a longer tour on board of a rowing canoe. We have a 14-track system, so we'll always do different trails.

We return for lunch and relax for a few hours in the hammocks on the balconies of our rooms that are overlooking the river. We leave at 3:30 pm for a boat trip to Lake Mamirauá. It is our biggest trip in the reserve and you will learn more about the history of the area from the point of view of the local guides.

When we arrive at the lake, we have a snack while enjoying the sunset, always a spectacle of colors. On the way back, the spotlights are used to see nocturnal animals such as the huge caimans, which can be up to 4 meters long. Dinner and free time in the evening.

**DAY 04 (Thursday):** After breakfast we leave at 7:00 am, the first thing we will do today is to visit a local riverside community. A local guide takes us on a tour around his community, shows daily life by the river in a lowland forest - remembering that water levels can rise and fall about 12 meters each year, which requires a great adaptation of the local population!

We return to the lodge to have lunch and then free time to rest, chat with the residents, read in the lodge's library or watch a documentary. In the afternoon, we leave at 3:30 pm for our last immersion in the reserve: a rowing canoe trip in the dry season and in the flooded season a traditional piranha fishing!

In the evening, after dinner, the biologists who conduct research in the area will come to the lodge to introduce the world of science, bringing information about a local animal, the result of their work and how scientific research helps the development of conservation strategies in the Reserve.



Uakari LODGE

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**DAY 05 (Friday):** For our last moments at the Uakari lodge we offer you one last boat tour after breakfast at 6:30 am, returning at 09:00 AM, and we leave at 10:00 am for Tefé (schedule subject to change during the dry season).



### Tour options for visitors:

**Jungle house** (extra cost of R\$ 380.00 for up to 2 people, paid directly at the lodge), if available (check availability directly at the lodge after arrival).



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